

ANXIETY AND DEFENSE MECHANISM OF THE MAIN CHARACTER IN BRIAN PINKNEY'S "JOJO'S FLYING SIDE KICK" PICTURE BOOK

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ABSTRACT

This thesis is titled "Anxiety and Defense Mechanism of The Main Character in Brian Pinkney's *Jojo's Flying Side kick* Picture Book". The purpose of this study is to analyze how the anxiety experienced by the main character in *Jojo's Flying Sidekick* picture book can influence her subconscious mind to bring up new perceptions about something. In addition, the writer also analyzed the defense mechanism used by the main character in dealing with her anxiety problem by referring to the psychological approach developed by Sigmund Freud. In conducting this research, the writer used the qualitative approach method where the writer uses pictures, dialogues, perspectives, and thoughts contained in the research object as data or analysis foundation. The results showed that in overcoming the anxiety problem, the main character in *Jojo's Flying Sidekick* used more than one defense mechanism. Those are regression, intellectualization, and displacement.

Keywords: *Anxiety, Defense mechanism.*

ABSTRAK

Skripsi ini berjudul "Anxiety and Defense Mechanism of The Main Character in Brian Pinkney's *Jojo's Flying Side kick* Picture Book ". Tujuan dari penelitian ini adalah untuk menganalisa bagaimana kecemasan yang dialami tokoh utama dalam buku *Jojo's Flying Sidekick* dapat mempengaruhi pikiran bawah sadarnya sehingga memunculkan persepsi baru tentang suatu hal. Selain itu penulis juga menganalisa mekanisme pertahanan yang digunakan oleh tokoh utama dalam menghadapi masalah keemasannya dengan mengacu pada teori psikologi yang dikembangkan oleh Sigmud Freud. Dalam melakukan penelitian ini, penulis menggunakan metode pendekatan kualitatif dimana penulis menggunakan gambar, dialog, sudut pandang dan pemikiran-pemikiran yang terdapat dalam objek penelitian sebagai data atau landasan analisis. Hasil penelitian menunjukkan bahwa dalam mengatasi masalah kecemasan yang dihadapinya, tokoh utama dalam buku *Jojo's Flying Sidekick* menggunakan lebih dari satu mekanisme pertahanan, yaitu regresi, intelektualisasi, dan displacement.

Kata Kunci : *Kecemasan, Mekanisme pertahanan.*

1. INTRODUCTION

Children's book is one of the literary works that grow fastly in many countries, along with the increasing number of authors who create children's books with various themes that attract children's interest to read books. Various story themes, as well as different types of books, can be easily found in many bookstores. The current developing technology also allows the

authors to combine their writing with different kinds of illustrations or pictures that are created as attractive as possible.

Galda (2002) says that a basic definition of a children's book might state that it is a book written for particular audiences; they are children and young adults. Therefore, books that are intended to be enjoyed by children tend to use interesting images and colors. Children's

books can be fiction or non-fiction. Both have many different categories, such as fantasy, animal stories, historical stories, humor, legend, and many more.

In a children's book, the text in the story can be illustrated by the appropriate illustration to help readers get a better comprehension of the content and messages conveyed in the book, for example; readers can learn about someone's personality, behavior even learns about some problems and its solutions of the characters in the book. Some characters in the book can give a lesson to the readers that a kind person will bring goodness while people who are not good would harm themselves and those around them.

The variation of the children's book aims to increase the interest in reading among children to make them happy to read without getting coerced by adults around them. By reading books, children will get many benefits, including; improve communication skills, training the ability to think logically, developing imagination and creativity, and forming behavioral patterns and social values.

Character is one of the important aspects in a literary work because characters are built by the writer that has a function as a medium to introduce the reader to various characteristics of human beings, including negative characteristics as well (Kenney, 1983:45). There are many characteristics of the characters displayed in a literary work, including children's books which can provide a new perspective for the reader. They could have been adapted from real-life or fictional characters developed by the author of the book. The two categories of characters that often appear in literary works are the protagonist and the antagonist. According to Brown (2019), a protagonist is the main character or principal character in a story that is synonymous with 'good guy'. However, the protagonist has nothing to do with the character's internal moral: the protagonist can be both a good character or a bad character.

The other aspect that is developed by the author is the psychological of the character. It can be in the form of feeling, emotion, imagination and the behavior of the characters. Feeling and emotion are two different things that have a close relationship.

Damasio (2010) states:

Feelings are mental experiences of body states, which arise as the brain interprets emotions, themselves physical states arising from the body's responses to external stimuli. (The order of such events is: I am threatened, experience fear, and feel horror.)

According to Meyer (2012), there are many people use the words 'emotions' and 'feelings' interchangeably to explain the same thing. However, emotions and feelings as distinct, like two sides of the same coin. One side of the coin is an emotion: a physical response to change that is almost hard-wired and universal. The other side of the coin is feeling: mental associations and other reactions to a personal emotion, acquired through experience.

Through certain feelings of the characters, the author usually explains the continued reaction of those feelings which is expressed either through actions, thoughts and even imagination. For example; people cry when they feel sad, laugh when they feel happy, feel guilty when doing wrong things or even imagine something that happened in the past and that might happen in the future.

Imagination is a place where thoughts, feelings, emotions, sensations, and representations develop without using the senses. In general, the word 'imagination' is often associated with a person's creativity. People often develop new ideas through imagination, for example, a writer who writes a fiction book based on his creative imagination or an actor who can act well based on imagination as if he is what he plays.

Imagination is quite possibly a uniquely human ability. In essence, it allows people to explore ideas of things that are not in their present environment, or perhaps not even real. In addition to being influenced by feelings, humans also use imagination in a variety of cognitive processes, including planning, hypothetical reasoning, understanding language, and of course in design and creativity in engineering and art (Davies: 2012).

Imagination is such a wonderful thing and has no limits that people can develop in their minds both consciously and unconsciously. For children, their imagination is very easy to evolve due to being influenced by literary works that they enjoy such as films, children's books, and the stories told by adults to make them amazed or even to frighten them. For example, the parent tells their children that if they go out at night they will be kidnapped by ghosts. Therefore, there is another thing that also often triggers the appearance of imagination in someone's mind which is fear or anxiety.

Currently, there are many children's literary works that present appealing stories that will make the audience drift into the storyline. As a result, superhero characters, fantasy worlds, animated characters that children see from movies and children's books, often become things that are attached to children. Therefore, adults and all parents have a crucial role in sorting out which films and books are good for their child's development to avoid negative inputs that can harm their development.

Brian Pinkney is an author and illustrator from Amerika, born on 28th August 1961. He is a graduate of the University of the Arts in Philadelphia, Pennsylvania, and holds a master's degree in illustration from the School of Visual Arts in New York City. Some of his works won him several awards, including two Caldecott Honors, four Coretta Scott King Honors and a Coretta Scott King Award, and the Boston Globe/Horn Book Award (Pinkney:2012).

Pinkney met his wife, Andrea, when he worked as an illustrator for the magazine art department. Together with his wife, they created several picture books. Pinkney has written several famous picture books such as *The Faithful Friend*, *In the Time of the Drums*, and *Duke Ellington*. In addition to writing fiction books, he also wrote several bibliography books in the form of children's picture books. Pinkney (2012) states:

"I make picture for the child in me. My work is actually my way of playing. That's why I think children enjoy my book; they recognize me as one of their own"

In this study, the writer analyzed the anxiety and defense mechanisms of the main character in Jojo's Flying Side Kick, one of the picture books by Brian Pinkney. This book is adapted from the writer's true story from his childhood, but the main character in this book is a girl named Jojo, who tries to fight her fear. It tells that Jojo is one of the students in Tae Kwon Do Center who is still in the first level (white belt). She will do the final test for her yellow belt promotion the next day then begin to feel worried about it. This feeling makes her day more scary than usual.

This book is very good because it presents common problems in this life that are not only faced by children but also adults. Therefore, by conducting analysis using this topic, the writer is intended to get more comprehension about human feelings especially the children.

1.1 Statements of The problem

1. How is the relation between the feeling and imagination of the main character in Jojo's Flying Side Kick picture book?
2. What are the defense mechanism that applied in Jojo's Flying Side Kick picture book?

1.2 Scope and Limitation of the Study

One of the most popular children's literature is a picture book. A picture book can contain various aspects and provide an interesting issue that can attract the reading interest of children. To narrow the analysis,

the writer focuses only on the psychological situation of the main character in *Jojo's Flying Side Kick* picture book by using psychoanalytic theory.

1.3 Goals of the Study

1. To analyze the relationship between the feeling and imagination of the main character in Jojo's Flying Side Kick book.
2. To identify the defense mechanism that applied in Jojo's Flying Side Kick book.

1.4 Functions of the Study

1. To improve the writer's skill in analyzing picture book especially the issue of defence mechanism in the picture book of Jojo's Flying Side Kick.
2. To give information and comprehension to the reader about the content of Jojo's Flying Side Kick picture book.
3. To be one of references for English Department Students who want to analyze the children's book regarding the psychological issue of the character.

2. REVIEW OF LITERATURE AND THEORETICAL FRAMEWORK

2.1 Illustrated and Picture Book

Picture books are written and created for children by displaying pictures as attractive as possible so that children are interested to read them. Through the pictures, the author can convey the message to the reader even without including any text. Picture books and illustrated books are similar. Both use the picture to explain the story but actually, the two kinds of the book have specific differences. The differences are:

1. Picture books usually equal or less than 48 pages, while the illustrated book may beyond 300 pages. It depends on the target of the age group.
2. Picture book contains the picture with lesser or no words at all while the illustrated book may contain 200-12000 words to describe the story. (Pratt, 2013)
3. An illustrative book is good for enhancing the reading experience and also to attract readers' attention but the

story can stand on its own without illustrations. It is the opposite of to picture book, where the picture becomes the most important element of its content.

2.2 The Defence Mechanism

Anxiety is a feeling that all people have which is a natural state and a vital part of human life. Although most anxiety causes discomfort for people, anxiety often helps them to solve problems because anxiety can motivate people to take action whether they should survive, fight, or even run away from their problems. Swift and friends (2014) state that there is another anxiety side. Continual anxiety can cause real emotional distress that makes a person unhealthy, at worst, develops anxiety disorders such as panic attacks, phobias, and obsessive behavior. Anxiety at this level can have a truly depressing and debilitating effect on human life and have an impact on our physical as well as mental health. Freud divided the anxiety into tree types. They are:

3. Reality or Objective Anxiety.

An anxiety that originates from the fear of danger that threatens in the real world. Anxiety like this for example fear of fire, tornadoes, earthquakes, or wild animals. This anxiety leads people to behave how to deal with danger. Not infrequently the fear that comes from this reality becomes extreme. A person can be very afraid to leave the house for fear of an accident on his own or afraid to light a match for fear of fire.

4. Neurotic Anxiety

This anxiety has its basis in childhood, in the conflict between instinctual gratification and reality. In childhood, sometimes several times a child experiences punishment from parents for fulfilling the needs of an impulsive ID Especially those related to fulfilling sexual or aggressive instincts. Children are usually punished for over-expressing their sexual or aggressive impulses. Anxiety or fear is developed because of the hope to satisfy certain Id impulses. Neurotic anxiety that

arises is the fear of being punished for showing impulsive behavior dominated by Id. The thing to note is that fear does not occur because of fear of the instinct but is fear of what will happen if the instinct is satisfied. The conflict that occurs is between the Id and the Ego that we know has a basis in reality.

5. Moral Anxiety

This anxiety is the result of conflict between id and superego. Basically, it is the fear of one's conscience. When an individual is motivated to express instinctual impulses that are contrary to the moral values referred to in the individual's superego, he will feel ashamed or guilty. In daily life he will find himself as "conscience stricken". Moral anxiety explains how the superego develops. Usually individuals with a strong and puritanical conscience will experience greater conflict than individuals who have a more lax condition of moral tolerance. Like anxiety neurosis, moral anxiety also has a basis in real life. Children will be punished if they break the rules set by their parents. Adults will also get punishment if they violate the norms that exist in society. Shame and guilt accompany moral anxiety. It can be said that what causes anxiety is the individual's conscience. Freud said that the superego could give a reward in return for violating moral rules (Schultz D:1986).

The anxiety that arises in a person's life is a feeling that serves as a sign of danger that will occur and invites the ego to work whether that anxiety should be avoided or resisted. Related to the various types of anxiety that exist in a person's life, Freud's theory also explains several kinds of defense mechanisms in dealing with anxiety.

5.1 Theoretical Framework

In conducting this study, the analysis focus on the anxiety experienced by the main character of Jojo's flying side kick picture book by Brian Pinkney. The writer uses psychoanalysis theory by Sigmund Freud. Freud suggests that the human mind is divided into three elements,

they are: the conscious, the subconscious and the unconscious. Freud also explained his theory about anxiety and some defense mechanisms used to overcome this anxiety. The writer analyzed the anxiety experienced by the main character that caused her to imagine something which makes her more afraid and what kinds of defense mechanisms she does to overcome her fear.

3. RESEARCH METHODOLOGY

3.1. Approach of the Study

The writer used the qualitative method as the approach in analyzing the personality of the main character and the defense mechanism in Jojo's flying side kick book.

According to Hancock and friends (2009:7), the qualitative method presents data that cannot be expressed numerically because its form focuses on reports that describe a person's experience or behavior that might lead to a particular theory. Besides, Rahardjo (2010) explains that the main objective of qualitative research is to understand social phenomena by paying more attention on a complete picture of the phenomenon being studied rather than detailing them into interrelated variables. The hope is to obtain a deep understanding of the phenomenon to further produce a theory.

3.2. Data Source

The data source taken from the children's book entitled "Jojo's Flying Side Kick" written by Brian Pinkney and illustrated by Jennifer Eachus. The book was published in November 1998 in New York and consists of 29 pages.

3.3. Data Collecting

In doing the analysis of the study, the writer did some steps, those are: first, the writer read the book of Jojo's Flying Side Kick. Second, the writer identified the anxiety and defence mechanisms in that book. The last, the writer marked the appropriate data in accordance with the object of research.

3.4. Data Analysis

Data collected were then analyzed to find out the relation between feeling and imagination in the data source. Besides, the writer also analyzed the anxiety and defence mechanisms in the data source.

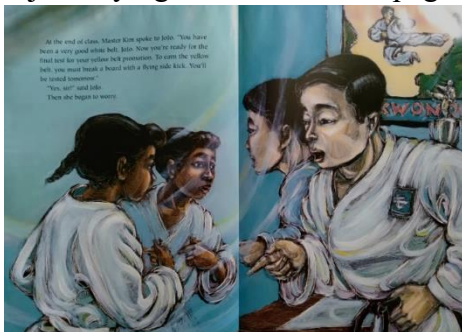
4. FINDING AND ANALYSIS

This chapter reveals the analysis of Jojo's Flying Side Kick picture book by Brian Pinkney. The writer would like to analyze the relationship between feeling and imagination of the main character, the anxiety that faced by the main character, and also the defense mechanism that applied in the story of the book based on the statements, conversations, thoughts, even the pictures in the book by using the psychoanalysis perspective.

4.1. Characteristics of the main character

Jojo's Flying Side Kick is a book that tells the story about Jojo, the protagonist character who managed to fight her anxiety. The physical characteristics of the main character in this book are a reflection of the author who is a dark-skinned American. It showed in the following picture:

Jojo's Flying Side Kick, 1995 page 3-4.



The picture above shows that Jojo is a little girl with physical characteristics such as; has dark skin, curly and short hair, and also has big eyes with the thick eyebrows.

Jojo is one of the students in Tae Kwon Do Center who is still in the first level: white belt. Mr. Kim as her master believes that she has mastered the basic movements taught at an early stage, so he

announces that Jojo will do the test on the next day to move to the next level that is a yellow belt.

Jojo is the kind of person who is easy to be nervous. It revealed in the following dialogues:

Jojo's Flying Side Kick, 1995 page 5.

"how's my little lady today?" Granddaddy asked. "Master Kim says you're going for your yellow belt promotion tomorrow. You must be nervous."

"I'm freakin' out," said Jojo.

Nervous is a common feeling that often appears and felt by people who will do something in front of other people. Unfortunately, some people have difficulty controlling their nervous feelings as what Jojo feels at this time. Moreover,

Jojo is unconfident with her ability. She is not sure if she could do the test well or not. This is revealed in data 3 and 4 as bellows:

Jojo's Flying Side Kick, 1995 page 8.

Jojo copied Granddaddy's footwork and followed him around the driveway. "I like the way you move Granddaddy, but I don't see what dancing has to do with my promotion."

"you will," said Granddaddy.

Jojo's Flying Side Kick, 1995 page 16.

"I have to break a board with a flying side kick," Jojo said, "but what if I forget how to do it?"

4.2. Feeling and Imagination

Feeling and imagination are two different things, but they can influence each other.

Jojo's Flying Side Kick, 1995 page 3.

At the end of class, Master Kim spoke to Jojo. "You have been a very good white belt, Jojo. Now you're ready for the final test for your yellow belt promotion. To earn the yellow belt, you must break a

*board with a flying side kick.
You'll be tested tomorrow."
"Yes, sir!" said Jojo.
Then she began to worry.*

The last sentence in the data above (**'then she began to worry'**) shows Jojo's feeling. Her id is glad for the yellow belt promotion because it can be a proof of her increasing ability in martial arts, but on the other side, Jojo's ego raises the fear of failure.

The fear of failure when trying to do a test is a common feeling that is often experienced by people who will live it. The same goes for Jojo's character. In this case, the fear arises not because she cannot do something that is tested, but rather the negative effects that will arise if she fails the test.

This test is done in front of her friends, so they will witness firsthand whether Jojo successfully passed the test or not. If she succeeds, of course, it will satisfy her superego because success will bring pride and she will be considered quite well in her environment.

Jojo's Flying Side Kick, 1995 page 5.

Granddaddy met Jojo after Tae Kwon Do class to walk her home. Jojo was glad because she hated to walk past the tree in her front yard. It looked like a creepy bandit.

The data above proves that Jojo's ego fails to overcome the arising anxiety in her mind, so that caused a sense of anxiety that is more severe which makes her subconscious mind build imagination that is contrary to reality.

The words **'it looked like a creepy bandit'** showed that Jojo looked as if the tree in the front yard of her house was alive and became something terrible.

The big tree has a swing hanging below it but it doesn't make Jojo like it because her mind is overcome with anxiety about her yellow belt promotion.

Jojo's Flying Side Kick, 1995 page 12.

"I don't think you're strong enough to break a piece of wood tomorrow." P.J said and jumped into the swing.

"Why not?" Jojo asked.

" 'Cause you yell like a mouse in class. When I do my kick, I yell 'KIAH' at the top of my lungs."

"So what?" Jojo took a step back from the tree.

This data is part of the story when P.J, one of Jojo's friends who is also a student of Tae Kwon Do passes through Jojo's house and meets Jojo and her grandfather are walking together. P.J comes closer to Jojo then goes up on a swing that hangs on a big tree. He gives a statement that makes Jojo even more nervous. **'I don't think you're strong enough to break a piece of wood tomorrow'** and **'cause you yell like a mouse in class'**. The words spoken by P.J., of course, affected Jojo's confidence which is indeed in poor condition.

Jojo's Flying Side Kick, 1995 page 14.

*When P.J and Ted walked off, Jojo froze. She was alone with the creepy tree bandit. **She turned to go up the driveway, but the creepy tree bandit lunged at her when she tried to pass.** Jojo ducked and ran into the house as fast as she could.*

Jojo slammed the door.

The data above shows how excessive fear greatly affects the workings of the subconscious. The trees that actually could not move, as if chasing Jojo and made her run scared until she slammed the door hard. It also showed on the following picture:

Jojo's Flying Side Kick, 1995 Pages 13-14.



The anxiety experienced by Jojo is none other than because she is too scared if she forgets her technique when doing the test. This is revealed in the following dialogues:

Jojo's Flying Side Kick, 1995 page 16.

"I have to break a board with a flying side kick," Jojo said, "but what if I forget how to do it?"

"why don't you visualize your technique?" Jojo's mom asked. "that's what I do before a tennis match."

The question "...**what if I forget how to do it...**" in the data above reflects Jojo's ego which cannot fulfill the satisfaction of her id and superego. This is what is meant by moral anxiety, the fear of her conscience. She will tend to be embarrassed and feel guilty if doing things that are not following the norms prevailing in the community.

Jojo's Flying Side Kick, 1995 page 18.

"Visualize. It's when you picture something in your mind," Mom explained. "Picture yourself doing the perfect flying side kick."

Jojo close her eyes. But all she saw were dark shadows moving around in her head.

"Now, get a good night's sleep so you'll be ready for your big day tomorrow," Mom said.

The words "**Jojo close her eyes. But all she saw were dark shadows moving around in her head**" shows that Jojo can hardly focus at all. Her id wants to follow her mother's suggestion for visualizing her doing the flying sidekick but she fails. The only thing that appears when she closes her eyes is the dark shadow.

Until the night before going to sleep, Jojo's ego still has not found a way to overcome her anxiety, so that fear took over all the controls in her subconscious mind which made her not stop thinking that the big tree in front of the house is alive and

chasing her. It can be known from the following data:

Jojo's Flying Side Kick, 1995 page 19.

But Jojo couldn't get to sleep. She lay awake, worrying about her promotion for her yellow belt. To add to Jojo's troubles, the creepy bandit tree moved back and forth outside her window. It even tried to climb in. Jojo closed her eyes and hid under the covers.

4.3. Defense Mechanism

There are many types of defense mechanisms used by people in overcoming their anxiety problem. The defense mechanism can occur in a person's conscious or subconscious. It can help a person facing their anxiety, fear, or even feeling threatened. According to Freud, some forms of defense mechanism can occur simultaneously, and sometimes they are overlapping. Several types of defense mechanisms were discussed in the previous chapter.

In this section, the author wants to analyze the kinds of defense mechanisms that are used by Jojo, the main character in the book 'Jojo's flying side Kick'. According to the previous analysis, Jojo experienced severe anxiety just because she would do her promotion test. Excessive fear makes her subconscious create a new imagination, which is a big tree that looks terrible, and as if it has a scary face and can run to lunge at her.

Jojo's Flying Side Kick, 1995 page 14

*She turned to go up the driveway, but the creepy tree bandit lunged at her when she tried to pass. **Jojo ducked and ran into the house as fast as she could. Jojo slammed the door.***

The data above reveals that Jojo does the regression as a defense mechanism to avoid a frightening imagination that he had unconsciously built. The similar act also revealed on the following data:

Jojo's Flying Side Kick, 1995 pages 19-20.

....the creepy bandit tree moved back and forth outside her window. It even tried to climb in. Jojo closed her eyes and hid under the covers.

Regression is well known as the defense mechanism where the ego returns to the initial stages of someone's development. It usually arises in response to stressful situations. The data above reveals Jojo's regression act. She is too scared of the big tree that seems to climb her window for attacking her. Her impulses push Jojo to do a defense mechanism by covering his body with a blanket. This is a primitive way conducted by someone when facing something that is considered threatening and frightening to make them feel safe.

Jojo's Flying Side Kick, 1995 page 21.

The next day in class, Master Kim called out, "Attention!" Then he nodded to Jojo. "Begin!"

At the sound of Master Kim's voice, butterflies fluttered in Jojo's stomach.

The words of '**butterflies fluttered in Jojo's stomach**' in the data above are used to express Jojo's feeling in that time. The feeling of worry, nervous, all mixed into one. In this situation, his ego starts to look for ways to make her mind calmer because sooner or later, the test will be carried out.

Jojo realized that the only person who could help her defeats her fear and nervous is she. Thus she uses intellectualization in overcoming the anxiety that she experienced. This is revealed in the following data:

Jojo's Flying Side Kick, 1995 page 22.

Jojo shuffled her feet back and forth, and side to side, the way Granddaddy had shown her. But, when she looked up at the piece of wood, she froze. In that moment, Jojo knew exactly what to do.

Jojo does certain techniques to avoid mistakes that might have been made during the test. She prepared herself by doing some basic movements that her grandfather taught her as a warm-up so that she could pass the test properly.

Besides intellectualization, Jojo also uses displacement as a form of defense mechanism in dealing with her anxiety. It revealed in the following data:

Jojo's Flying Side Kick, 1995 page 23.

With all her might, Jojo leaped into the air. She focused on the piece of wood and visualized dark shadows and the creepy bandit tree.

From deep in her stomach, Jojo screamed...

"KEEYAAHHH!"

And, with her perfect flying side kick, the board split with a "CRAACK!"

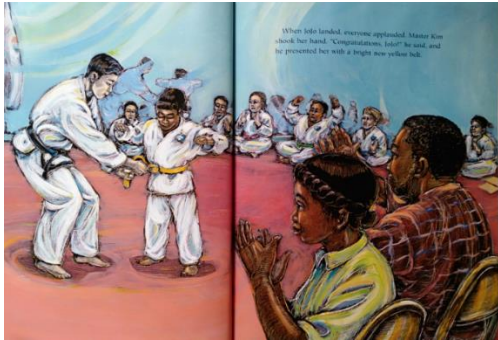
Jojo transferred the impulses in her mind to the piece of wood in front of her. She visualized the wood as if it were dark shadows and a large horrible tree that had filled her imagination which made her anxiety getting worse. She kicks the wood as hard as she can, releasing negative feelings and thoughts, and destroying all the fears he had experienced. It can be seen from the picture bellows:

Jojo's Flying Side Kick, 1995 Pages 23-24.



Because of her hard effort, Jojo successfully passes the test and receives a yellow belt from her master, Mr. Kim. This success has satisfied Jojo's superego and makes her feel free from all her fears including the large tree in her front yard of the house. Jojo smiled happily when Mr.

Kim put a yellow belt around her waist. It can be seen from the data below:
Jojo's Flying Side Kick, 1995 page 27-28.



The night after passing a hard day, Jojo came home with her granddaddy. She decided to play the swing which hanging under the big tree that no longer looked scary for her. It revealed in the following data:

Jojo's Flying Side Kick, 1995 page 29.

That night, when they got home, Granddaddy said, "I thought you didn't care for that swing, little lady." Jojo just smiled, threw back her head, and kicked up to the sky.

Jojo's granddaddy does not know that Jojo has experienced severe anxiety. Jojo just shows that her feeling is already much better. This makes her realize that the big tree that grows in her front yard is not scary. It is not alive and cannot move. All her bad imagination about the scary big tree has gone and brought her into reality: it is just a big tree where she can play the swing underneath like children of her age.

5. CONCLUSION AND SUGGESTION

5.1. Conclusion

This study has analyzed the relationship between feelings and imagination that created by the anxiety experienced by the main character of *Jojo's Flying Side Kick* picture book, and what kinds of defense mechanisms that the main character uses to overcome her anxiety. From this analysis, it can be seen that a person's feelings can influence the way of

work of their subconscious mind so that they unconsciously build an image of fantasy or not following the facts. This is which a reflection of fear itself is.

The cause of arising anxiety that the main character in *Jojo's Flying Side Kick* picture Book experienced, is part of moral anxiety. She just feels too anxious and afraid of not being able to do the test properly. Actually, Jojo received good advice from people around her both from friends and family. But all these suggestions could not be received properly because her mind is filled with fear and worries.

The story in this book ends happily. When the test time comes, Jojo's ego creates some defense mechanisms and she begins to master her mind. She recalls the techniques taught by her grandfather, and the visualization theories taught by her mother. This makes her successfully overcoming her fear and passing her test perfectly.

5.2. Suggestion

For the writer, analyzing children's books is enjoyable. In addition to the story that is easy to understand, children's books also completed with pictures that help readers more quickly understand the contents of the book. Therefore, through *Jojo's Flying Side Kick* picture book, the writer hopes that readers can understand and get the points of this research well and grasp the intentions conveyed by the writer. Although this is a book about children, there are many lessons to be learned from this story.

For the next writers, this research can be used as a comparison for the other research. If they use the same object for their research, the next writers can develop their analysis with other supporting theories because there are so many things that can be developed and used as analysis material.

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